

Ionia High School

Lunch Menu

April 2018

Pizza, taco, taco salad w/baked scoops and reduced fat grilled chicken/bun* are available every day.

The Choice offerings for the month are:

Spring Break 2nd – 6th

9) Wet Burrito
Corn/applesauce

10) Chicken Smackers Bowl*
Mashed potatoes/strawberries

11) Macaroni & Cheese
Cooked carrots/mixed fruit

12) Chicken Calzone
Refried beans/pears

13) Cheese Filled
Breadsticks*/**
pizza sauce/peas/applesauce

16) Teriyaki Chicken
Asian Bowl
Broccoli/m. oranges

17) Chicken Nuggets*
Mashed potatoes/peaches

18) Sloppy Joe/bun
Green Beans/pineapple

19) Hot Dog/bun*
Tater tots/peaches

20) Cheese filled breadsticks*/**
pizza sauce/lima beans/applesauce

23) Chicken Caesar Salad
Grape tomatoes/cucumbers/pears

24) Chicken Smackers*
Mashed potatoes/peaches

25) Spaghetti w/meat sauce*
Mixed Vegetables/pineapple

26) Burger Bowl
Green beans/applesauce

27) Cheese filled breadsticks
*/** pizza sauce/lima beans/mixed fruit

30) Build a Burrito
Corn/applesauce

*Bun/bread-multi grain
**Reduced Fat



What Comes with the Meal

In addition to the main dish; and the daily fruit/vegetable, the following items will be available: Lettuce (Romaine T-F), Fresh baby carrots, Fresh Fruit, ff salad dressings and bread and butter; and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

Lunch prices: High School Students\$ 2.55,

Staff and Adults varies by building

Milk is available for purchase without a lunch for \$.35 per ½ pint.

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