

Ionia High School

Lunch Menu

February 2018

Pizza, taco, taco salad and reduced fat grilled chicken* are available every day.

The Choice offerings for the month are:

1) Hot Dog*

Oven fries/peaches

2) Cheese filled bread sticks**(2)

Lima Beans/pears

5) Wet Burrito

Applesauce/refried beans

6) Chicken

Smackers

M. potatoes/pineapple

7) Commons Pizza

Green beans/peaches

8) Chicken Fajita

corn/m. oranges

9) Pull apart cheesy bread**

Peas/mixed fruit

12) School Made Grilled Cheese

Tomato soup/pears

13) Chicken Nuggets

M. potatoes/ peaches

14) Chips n' Cheese-TREAT!

Fresh diced tomatoes/mixed fruit

15) Burger Bowls

Baked beans/ peaches

16) NO SCHOOL

19) NO SCHOOL

20) Chicken Smackers

M. potatoes/peaches

21) Spaghetti/meat sauce

Mixed Vegetables/pears

22) Hot Dog*

Oven fries/peaches

23) Pull apart cheesy

bread** Lima beans/pineapple

26) Build a Burrito

m. oranges/refried beans

27) Chicken Nuggets

M. potatoes/peaches

Macaroni & Cheese, Please!

Cooked carrots/pears

*Multi grain bun/wheat bread

**reduced fat

What Comes with the Meal

In addition to the main dish; the following items will be available: Lettuce (romaine or taco shred daily), fresh baby carrots at least three times a week, assorted fresh fruit, salad dressings, plus one vegetable, one fruit and bread and peanut butter; and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

Lunch prices: Students \$ 2.55, Staff and Adults \$ 3.40

Milk is available for purchase without a lunch for \$.35 per ½ pint.

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