

# Ionia Middle School

## Lunch Menu

March 2018

Pizza\*, hamburger/bun\*, *grilled chicken/whole grain bun*; Taco\* and Taco Salad\* offered daily.. Baked French fries are served on Thursdays.

### The Choice offerings for the month are:

March is Reading Month!

1) Green Eggs & Ham/Biscuit

Potato triangle/peaches

2) Cheese filled bread sticks\*\*(2)

Lima Beans/pears

5) School Made Grilled Cheese

Tomato soup/pears

6) Chicken Smackers/ roll\*

M. potatoes/pineapple

7) Sloppy Joe/bun

Green beans/strawberry cups

8) Italian Sub

Oven fries/applesauce

9) Cheese filled bread sticks\*\*(2) lima beans/pears

12) Asian chicken w/ Fried rice

m. oranges/broccoli

13) Chicken Nuggets/

Roll\*/ M. potatoes/ peaches

14) Chicken Quesadilla

Green beans /pineapple

15) Hot Dog\*

Oven fries/peaches/baked beans

16) Cheese filled bread sticks\*\*(2)

Spinach/mixed fruit/ **Green Frozen TREAT**

19) Chef's Salad

Grape tomatoes/cucumbers/applesauce

20) Chicken Smackers/ roll\*

M. potatoes/peaches

21) Macaroni & Cheese

Cooked baby carrots/mixed fruit

22) Cheeseburger/bun\*

Baked Beans/pears

23) Cheese filled bread sticks\*\*(2) peas/peaches

26) Wet Burrito Applesauce/refried beans

27) Chicken Nuggets/Roll\*

M. potatoes/peaches

28) Spaghetti w/meat sauce

Mixed veggies/pineapple

29) ½ day – No Lunches

30) No school

\*Bun/bread- Multi Grain

\*\*Reduced Fat



## What Comes with the Meal

In addition to the main dish; and the daily fruit/vegetable, the following items will be available: Lettuce (baby spinach T-F), Fresh baby carrots, Fresh Fruit, ff salad dressings and bread and butter; and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

**Lunch prices: Middle School Students\$ 2.55, Staff and Adults \$ 3.40**

**Milk is available for purchase with out a lunch for \$ .35 per ½ pint.**

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